2006 BRUIN MEN'S OUTLOOK

The 2006 men's team will be led by senior **Austin Ramos** and junior **Mike Haddan** after both had impressive 2005 cross country campaigns. An incredibly talented freshmen contingent and strong returning core of runners will look to help qualify this team for the National Championships for the first time in nearly 20 years.

Returners

Ramos is coming off of an All-American junior year in which he was the No. 1 Bruin runner all season. During the past year, Ramos has emerged as one of the most improved runners in the Pac-10 and arguably the nation after having earned All-Pac-10 (5th, 24:23), All-West Region (9th, 30:24.1) and All-American (48th, 30:27.4) honors. Ramos had incredible success during the indoor track season, provisionally qualifying in the 5000m (13:57.55) for the NCAA Indoor meet, but was hampered in outdoor track with a leg injury. This fall, he is healthy and eager to again lead a very young group of men into the cross country season.

Haddan, now a junior, had incredible improvement last season, culminating with a surprise sixth-place finish at the Pac-10 Championships (24:24) and is ready for a breakthrough season this year. In outdoor track, Haddan dropped his lifetime-best in the 800m to 1:50.76 and was a regional qualifier in the 1500m with a lifetime-best of 3:45.86. With more post-season experience under his belt, Haddan has proven that he can consistently run at the championship level and will look to produce strong finishes at the conference level and beyond in 2006.

Junior **Kyle Shackleton** and sophomores **Leaf Barnes, Ryan Gordon** and **Drew Shackleton** return after providing depth to the 2005 team as a strong pack of runners

Kyle Shackleton and Barnes had solid outdoor track seasons in 2006 and are looking to contribute at a higher level after their first year of collegiate cross country competition. Barnes ran lifetime-bests in the 800m (1:53.28), 1500m (3:50.41) and mile (4:06.25) in his first season on the track team, while Kyle notched a lifetime-best in the steeple (9:32.45). Drew Shackleton (9:16.25) and Gordon (9:36.89) add depth to the team after proving themselves to be competitive steeplechasers in the outdoor track season. Drew scored his first victory over USC in the steeplechase last season, helping the Bruins to victory. Their successes on the track will undoubtedly carry over into a strong cross country season.

1	Name	Ht.	Wt.	CI.	Hometown (HS)
I	Marco Anzures	6-0	154	Fr.	San Diego, CA (St. Augustine)
I	Laef Barnes	6-1	155	So.	Nine Mile Falls, WA (Mead)
I	Alex Crabill	5-10	144	Fr.	Tacoma, WA (Charles Wright Academy)
I	Scott Crawford	6-3	155	Fr.	El Dorado Hills, CA (Oak Ridge)
I	Ryan Gordon	5-10	140	So.	Pacific Palisades, CA (Brentwood School)
I	Mike Haddan	5-11	145	Jr.	Irvine, CA (Woodbridge)
I	Henry Hagenbuch	5-11	155	Sr.	San Francisco, CA (Cate School/Michigan)
I	Marlon Patterson	5-10	127	Fr.	Sacramento, CA (Franklin)
I	Austin Ramos	5-9	130	Sr.	Sacramento, CA (Jesuit)
I	Jake Matthews	6-0	150	Fr.	Folsom, CA (Folsom)
I	Drew Shackleton	5-8	135	So.	Belmont, CA (Carlmont)
I	Kyle Shackleton	5-8	128	Jr.	Belmont, CA (Carlmont)
I	Kevin Sullivan	5-8	140	Fr.	Simi Valley, CA (Royal)

Pronounciation Guide

Marco Anzures - An-zuh-res

Laef Barnes - Laif

Henry Hagenbuch - Hay-guhn-book

Newcomers

This year's freshmen distance class is one of the most heralded groups to come through Westwood in nearly 20 years, ranking No. 1 in CA and No. 5 in the nation. With a strong balance between middle and long distance runners, these first-year athletes will make an immediate impact on the course.

Alex Crabill and Jake Matthews join the team after very strong senior seasons in the long distance events in which Crabill ranked 13th in the U.S. in the 3200m (8:57.42) and Matthews was 49th (9:10.11). Both Crabill and Matthews had strong senior cross country seasons and should carry that success over to the UCLA team. Middle-distance runners **Scott Crawford** and **Marlon Patterson** also come to UCLA with some of the top times in the nation. Crawford was the CA State meet runner-up in the 800m and ended his prep career ranked 14th nationally in that event (1:51.60). His 1600m time of 4:11.78 also ranked 27th on the U.S. prep list last season. Patterson's 1600m time was 12th in the U.S. (4:09.70), while his 800m time ranked 25th (1:52.09). Crawford will train through the fall, building a strength base for the indoor season, and will not be competing during the 2006 cross country season.

"This is the strongest group of freshmen distance runners we have had in many years and they are very enthusiastic and ready to compete and make an immediate impact," said Head Coach Eric Peterson.

Marco Anzures (1:55.6-800m/4:17.8-1500m/9:28-3200m), Henry Hagenbuch (4:20-mile/9:09-2-mile) and Kevin Sullivan (4:13.58-1600m) will also add some depth to the team. With strong summer training, this trio could compete for a spot in UCLA's top-10 and kick off their UCLA careers in the fall.

The challenge for this team is to qualify for the National Championships for the first time in 21 years. With the leadership and success of Ramos and Haddan last season, this team expects to compete in the Pac-10 and West Region meets, hopefully putting the Bruins in a spot to compete at the NCAA Championships This year's schedule well help this team gain the experience they need to compete and succeed in the post-season.

